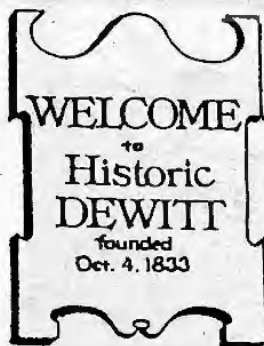


May 1, 1989



## DATELINE: DeWitt

Place news items in The Shopping Guide Drop Box at the Capitol Federal Savings office, downtown DeWitt or mail news items to: Dateline DeWitt, The Shopping Guide, 1200 N. Larch, Lansing, 48906.

Drop Box Pick Up  
Deadline Is  
4:30 P.M. On  
Tuesdays

### DEWITT LADIES AUXILIARY BLOOD DRIVE

DeWitt Memorial Building  
Monday, May 22, 1989 1:00 PM - 6:45 PM

**GIVE LIVE** It's In Your Blood!! What Good Is A Blood Donor? For people in car accidents, To treat leukemia patients, For Serious cuts and burns, To help bleeding ulcers, For open heart surgery, For kidney dialysis - A Blood Donor Is Good For Life.

For more information, call Dannel Bollard 669-9257.



### DEWITT OX ROAST ARTS AND CRAFTS SHOW

Applications now being accepted for the DeWitt Ox Roast Arts & Crafts Show Saturday August 19, 1989. Please contact Debbie Brown at 669-3661 after 5 p.m. or Linda Fritch 669-5702 any time.

### ST. JUDE'S BIKE-A-THON

St. Jude's Bike-a-thon needs you! Saturday May 6 (rain date May 13) 9:00 a.m. - 2 p.m. 2 Mile route starting from DeWitt Memorial Building. You may pickup your pledge sheets from the Willard Reed Insurance Agency or contact Debbie Brown, this year's coordinator, at 669-3661 after 5 p.m.

**VOLUNTEERS ARE NEEDED** - You can make the difference in fighting childhood cancer.

### DEWITT ADULT EDUCATION SPRING DANCE AND GET TOGETHER

We are planning a dance to be held at Fuerstenau on May 5, from 8:00 p.m. to 11:00 p.m. We invite all students, former students and graduates to attend.

Please sign up in advance and you may bring one guest. It will be a dress-up affair and the admission is \$1.00 per person.

This is our first attempt at a dance, which many people have requested. Come on out and help make it a big success.

### FAMILY FOCUS

COOPERATIVE EXTENSION SERVICE  
Dawn Contreras, Home Economist

#### "ATHLETES NEED WATER"

Spring is finally here and along with it comes many sports including baseball and track. While participating in these events, athletes should not rely on thirst to tell them when and how much water to drink. Athletes must be encouraged to drink more fluids than their thirst indicates, especially during periods of prolonged activity.

When water is lost through sweating and evaporation, the body loses weight. Loss of more than 2 percent of body weight from dehydration results in impaired performance. For a 150 pound athlete, this is a loss of 3 pounds. An athlete can easily lose 30 pounds during practice or competition.

This lost water needs to be replaced with fluids before, during and after exercise. If it's not replaced, the athlete experiences the warning signs of heat illnesses -- dizziness, fatigue, rapid pulse, headache, cramps, flushing and heat fainting. At this point, the body has shut off its sweating mechanism to conserve water needed to maintain blood volume. The body's reaction to the cessation of sweating is a rise in body temperature.

To prevent this potentially fatal rise in body temperature, athletes must be encouraged to start replacing fluids before and during exercise rather than wait until exercise is completed. Statements from the American College of Sports Medicine, the American Dietetics Association, and the Food and Nutrition Board of the National Research Council, National Academy of Sciences, all stress the importance of remaining hydrated.

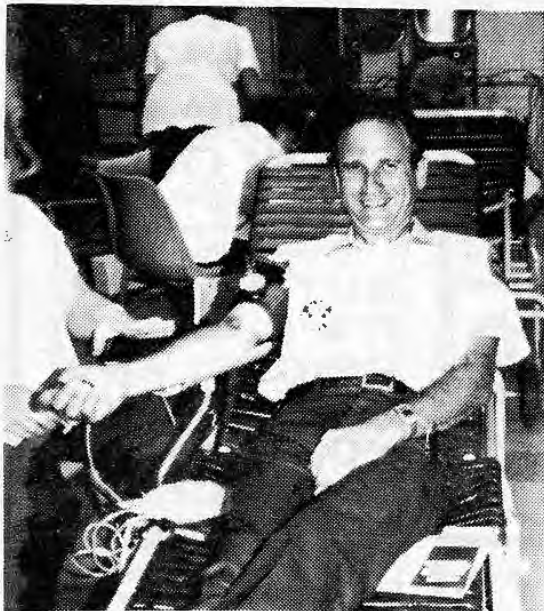
A good guideline is to drink 2 cups of water for every pound of body weight lost. For long-distance runners this could mean drinking 1 to 1 1/2 cups of water for every 15 minutes of competition.

Sports drinks promoted for fluid replacement, for athletes have not been shown to have any advantage over plain water. So this spring, drink the beverage that's the cheapest on the market -- the one that sustains life -- water.

## We Want You



Sue Smelker getting ready to give blood.



Mike Smelker, Local Fire Fighter giving blood



## NEWCOMERS AND FRIENDS

You're invited to join us in meeting new friends! Moving into a new area can be difficult. Newcomers and Friends is a women's club designed to introduce you to the DeWitt area and the people of DeWitt.

We meet on the second Wednesday of every month. Our next meeting will be held on May 10th at Sneakers, 600 N. Homer, (off 127, near Frandor).

For more information, please call Beth at 669-9193 or Pauline at 669-3664. We'd love to have you attend our next meeting!

guest. It will be a dress-up affair and the admission is \$1.00 per person.

This is our first attempt at a dance, which many people have requested. Come on out and help make it a big success.

## DEWITT PUBLIC SCHOOLS FOUNDATION OFFICERS ELECTED

The members of the DeWitt Public Schools Foundation elected the following officers at their meeting on December 7th, 1988: President - Ron Wilcox, term expires 12-90; Vice President - Diane Cranmer, term expires 12-89; Secretary - Dr. Bill Schaonover, term expires 12-89; Treasurer - Tom Rippy, term expires 12-91; Trustee - Nancy Souden, term expires 12-90; Trustee - Therese Tamkie, term expires 12-91.

## MINI GRANT RECIPIENTS FOR 1988-89

The DeWitt Public Schools Foundation is pleased to announce its mini-grant recipients for 1988-89.

Project Title	Applicant & School
Trip to Washington	Eloine Kitchens, High School
America on Parade	Earl Roseberry, Middle School
Student Drug Use	What Educators
Can Do	William Rushcamp, High School
Lunchtime Reading Club	Karen Dolby, Scott School
Voyage of Mimi	Jim Chester, Scott School

## High School Parent Support Group

The High School is still in need of a few more parents that would be interested in being a part of an advisory group. These parents would provide input to the administration on new/revised policies, cur-

riculum changes, planning school activities, and other related topics. If you would like to be a part of this activity please call 669-2240 and leave your name, address and phone number.

that's the cheapest on the market -- the one that sustains life -- water.

## We Want You

Do you have a special interest that you would like to share with others? The DeWitt Community Education program is always looking for instructors for their enrichment programs. Share, earn, and have fun as an instructor in an after-school or evening program. Call 669-3040 or stop into

the Community Education Office for more information. (Located in the Fuerstenau Elementary School)

## Volunteers Needed

Are you interested in volunteering yourself for a few hours a week? Community Education is looking for volunteers to work with adults in reading and math. Volunteers are also needed to work with the before and after school Latch Key program. Call 669-3040 and VOLUNTEER!

## Board Meetings

The DeWitt Board of Education will meet the 2nd Monday of each month at 7:00 p.m. at the Griswold Administration Building, 608 Wilson St. unless notice is posted to the contrary.

To Register For  
Community Education  
Classes  
Call 669-3040

## DEWITT COMMUNITY EDUCATION OPEN HOUSE

You are cordially invited to attend our Open House on Wednesday May 3, 1989 from 6:30 p.m. to 8:30 p.m. at Fuerstenau School.



## The Kiwanis Club of DeWitt Fourth Annual

### Four Person Scramble Tournament

*Benefiting: DeWitt Kiwanis Youth Program*

Prairie Creek Golf Course  
800 E. Webb Rd., DeWitt  
**June 24, 1989**

#### Golf Outing

##### Shotgun Scramble Tournament

- 4 person 18 hole; mixed teams welcome!
- Shotgun tee off at 8:00 a.m.
- Golf carts not included  
(please phone Prairie Creek to reserve carts - 669-3091)
- Complimentary beverages
- Cash and merchandise prizes awarded
- Buffet Dinner following golf
- Pat McCrackin Ford will award a new Ford Taurus for the first official Hole-In-One on #13



#### • Tee off - 8:00 a.m.

• Rain Date - June 25

- Tickets - \$25.00 per person  
(includes Golf, Dinner, and Beverage)



**Make check payable to: DeWitt Kiwanis**

#### "APPLES FOR THE STUDENTS"

There are two weeks left in the "Apples for the Students" program sponsored by Food City.

Scott and Schavey Road Elementary Schools have already been presented with an Apple computer, and are very close to having enough receipts to turn in for another. (We have \$160,000 in receipts; we need \$200,000 to receive the same kind of computer already earned.)

Please send all of your receipts to the schools. Receipts dated after June 5 cannot be accepted. Wednesday and Saturday receipts (pink) are worth triple their totals.

Questions ... call Linda Overmyer, 321-6109.

#### SALAD LUNCHEON

DeWitt Chapter #30, Order of the Eastern Star, is holding their annual Salad Luncheon on Monday, May 22, 11:30am-2:00pm. We will feature assorted salads, muffins, coffee and tea. The cost is \$3.00. The luncheon will be at the DeWitt Masonic Temple, 118 N. Bridge Street.

#### THE NOBLETT FAMILY THANKS DE WITT COMMUNITY

We wish to offer sincere thanks and appreciation to the following people, organizations and businesses of the DeWitt community for their prayers, support and contributions on behalf of our son, Kyle, in his fight against cancer:

*Members and Friends of:* Hope Lutheran Church, Redeemer Methodist Church, DeWitt Community Church. *Staff and Students of:* Schavey Road Elementary School, Scott Elementary School, DeWitt Middle School, DeWitt High School. *Aid Association for:* Lutherans Branch #6755, Lutheran Brotherhood Branch #8586, Meijers Corporation, WILX TV-10, The DeWitt-Bath Review, The Shopping Guide, Lansing State Journal, VFW Auxiliary #671, DeWitt Lioness Club, DeWitt Lions Breakfast Club, DeWitt Kiwanis Club, Cub Scout Pack 277, DeWitt Chapter 30 Order of the Eastern Star, Brent Shaughnessey, Jason Romel, Pizza Plus, JJ Video, Terranova's Market.

The total raised thus far is \$13,350. Words cannot express our heartfelt gratitude to the above groups and any others we may have inadvertently omitted. This community will always hold a special place in our hearts and prayers.

The Noblett Family - Mike, Diane, Keith & Kyle

#### "WITT"

"WITT", Channel 29, will show the Capitol Report on Tuesday, May 16, 1989 at 6:30 p.m. In this





**Make check payable to: DeWitt Kiwanis**  
**Contact: Tim Woodard - 669-8323**  
**(Or any other DeWitt Kiwanis Member)**

### MISCELLANEOUS

**JUNK CARS & TRUCKS**  
 Wanted - or old scrap iron.  
 487-3432. B-efhj-14

**ATTENTION SENIOR CITIZENS:** Will clean your house, apartment, mobile home. Also, will help with any other needs. Laundry, lunch, shopping, etc. Experienced, reasonable rates. Honest, dependable, references. Daily, weekly, monthly. Call for more information 627-8571 or 372-3696. P-cdeh-14

**SAW & TOOL SHARPENING Service.** Free pickup and delivery (minimum \$20. order), all work guaranteed. Ph. 371-2227. G-defh-14

**GOOD SAMARITAN:** 1229 E. Main. Need donations; money, food, household items. Thrift Shop hours Monday thru Saturday 11-4:30pm. 482-3440 or 487-2088. H-cdeq-14

**WOOD FOR SALE:** 1x12" boards, variety of lengths, \$10. per truck load. Any time, 669-8647. E-cefh-14

**BEAUTY SALON** Equipment: Vanity & mirror, \$100.; cabinet with sterilizer, \$35.; Hydro chair, new, \$165. 482-4411 or 371-5334. G-beiq-14

**FOR SALE:** Puppy with accessories; RCA color console TV; Kirby vacuum with attachments; 2 sewing machines, Sears and Viking portables; lady's wedding gown, size 9/10. 676-1882. C-beiq-14

**DUNE BUGGY** for sale, 4 seater, fiberglass body, new tires, street legal, tow bar. \$1,650. or best offer. Ph. 694-4194 after 5pm. D-beiq-14

**KING SIZE WATERBED,** 99% waveless mattress, \$400. 641-4203. F-e-9

**HOUSECLEANING:** We will clean your house one time or on a scheduled basis. Satisfaction guaranteed. Call Marilyn 321-7587 or Agnes 1-852-9864. T-a-14

**HAUL ALL Rubbish** Pickup. Very low rates. Commercial pickup monthly. 394-2680. R-a-14

**ANTIQUES WANTED:** Furniture, glassware, pottery (Roseville), quilts, Oriental rugs, clocks, old wooden fishing lures or related items, radios, primitives. One item or whole estates. 372-5245 or 484-3355. E-a-14

**BUYING OLD QUILTS,** collectibles, antiques! Large amount or small, the one to call, 517-663-8447, 517-339-3254. M-a-14

### BUILDING & HOME IMPROVEMENTS

**GARDEN ROTOTILLING,** small or large gardens. Cost no more than renting machine and lots easier. Call Steve after 5pm, 322-2320. S-a-16

**LAWN CARE:** Professional results at the lowest rates. Mowing, aeration, dethatching, overseeding (lawn renovation), spring and fall cleanup and hedge trimming. 694-2789. S-a-16

**1968 ROAD RUNNER** (collectable), needs work, \$600. 625-3499. B-a-14

**ZENITH 23" COLOR console,** Toro mower, 21" power drive, all good condition. 484-0504. R-a-14

**CHIMNEY/ MASONRY REPAIR:** Tuckpointing, 20 yrs. experience, free estimates. 371-7119, 482-5711. H-a-2

**LAWN MOWING:** Have a few openings for season, lawn rolling, fertilizing and other services. 393-4580. H-a-16

**ROOFING SHINGLES,** hot asphalt, flat roof, new or repairs. Licensed, 30 yrs. experience. 645-2740/394-6536. A-a-2

**CARPENTERS SEEKING** Small Jobs: drywall, roofing, painting, general home repairs. 24 hr. ser-

**UNBELIEVABLE PRICES** for furnaces & air conditioners. Great savings for the do-it-yourselfers. 482-2244. D-a-2

**EAVESTROUGHING & Roofing Repairs:** May & senior citizen discount. Written guarantee. Call 886-0400. T-a-2

**COMPLETE CARE** represents your needs. Landscaping, trash removal, gutters & downspouts, fencing, roofing, decks & patios, interior, exterior painting. Many other services. Low cost, free est. 482-9292 between 9-5pm, M-F. S-a-2

**CONCRETE DRIVES,** walks, patios, pole barns, slabs, etc. Reasonable rates, many happy references. Call Rick, 394-3196 or 372-1011. B-a-2

**ROOFING:** Highest quality with lowest rates. Compare and save. Small repairs & residential work our specialty. Fully insured. Call 487-5466. D-a-2

**ALL PHASES** of house painting & yard work. Good, dependable & fair. Contact Dan, 323-7826. L-a-2

**F & L TILE:** Building or remodeling? Add the beauty of ceramic tile to bathrooms, kitchens & foyers. 20 years experience. Call 517-321-3024. F-a-2

### "WITT"

"WITT", Channel 29, will show the Capitol Report on Tuesday, May 16, 1989 at 6:30 p.m. In this edition a bill regarding protection of Michigan's sand dunes is examined. Republican Leader Paul Hillegands discusses the bill, Rick Jameson of the Michigan United Conservation Clubs joins the discussion and comments on other environmental issues facing the state. John Truscott moderates the program. (Length 30 minutes.)

### THANK YOU FOR THE GREAT PICTURES

The DeWitt City Fire Department's Ladies Auxiliary would like to thank you for all those wonderful pictures turned in for the Simply DeWitt II Calendar.

The Contest winners were:

Arlita Cutler  
 Jean Newman  
 Pam Ward  
 Brent Newman  
 Ermel (Excell) Parshall  
 Laura Tingay  
 Art Newman  
 Robert Wagner  
 Ila Ward

Jack & Dietric Thompson

Winner will receive Terranova Gift Certificates. An extra special thank you to John and Chris at the Time Out Gift Shop for a great cover.

The calendars will be \$2.00 each and will be back from the printers in time for the Ox Roast.

Thanks again.

The DeWitt City Fire Department's Ladies Auxiliary

**BACKHOE - & DOZER,** septic systems, concrete work & excavating, 487-3537. S-a-2

**PAINTING:** Al Chapman, in or out, lic., insured, free est. 882-9715. C-a-2

**VAN'S SIDING:** Our prices, material & labor. Siding \$125 per sq., roofing \$60 per sq., windows \$225 each. Free estimates. 882-9811. V-a-2

**PAINT SPRAYER:** Grayco airless paint sprayer, Model EM400, also with 3 ft. pole gun. 321-9898. V-a-2

**PLUMBING - REPAIRS:** remodel and new work. Water heaters and water softeners. 626-6246 C-b-2

**LAWN CARE,** mowing, edging, trimming. Free estimate. 393-8632. B-a-16