

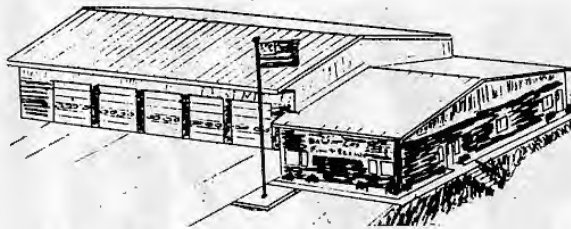
August 1, 1988



DATELINE: DeWitt

Place news items in The Shopping Guide Drop Box at the Capital Federal Savings office, downtown DeWitt or mail news items to: Dateline DeWitt, The Shopping Guide, 1200 N. Larch, Lansing, 48906.

Drop Box Pick Up
Deadline Is
4:30 P.M. On
Tuesdays



PROPOSED NEW FIRE STATION CITY OF DEWITT

PURPOSE

A committee of volunteer firemen have been charged with the responsibility of developing a site and plans for our new fire station. The lack of adequate equipment storage and training - meeting space in the current station located at 114 Bridge Street and the future needs of our community make it necessary to build a new, modern fire station.

PROPOSED NEW LOCATION

911 West Main Street, (next to DeWitt City Public Works Building). This is an acceptable location by all standards and the land is already owned by the City.

BUILDING TYPE AND SIZE PROPOSED

All steel and masonry construction, five bay station to accommodate current and projected equipment needs. New building will include: radio room, two offices, 5 bays, training/meeting room, and a kitchen.

COST

\$250,000, to be financed with fire station building funds currently set aside and money from the sale of the existing station. There will be no need for additional new taxes to finance the new station.

GROUND BREAKING

Construction will soon begin on the new DeWitt Fire and Rescue Station. A ground breaking ceremony was held last Friday with many firefighters and dignitaries on hand. Below are some pictures of the event.



FOR SALE "SIMPLY DEWITT" CALENDARS

The "Simply DeWitt" Calendars are in from the printer and look great. They are now for sale from any DeWitt City Fireman or at the Hometown Barbershop. These calendars are high quality and contain historic pictures of our town.

Much thanks needs to go to Dan & Scott Davis at Dandee Printing and to all the local businesses who helped the ladies auxiliary print these calendars.

If you have not gotten yourself a calendar before Aug. 20th you may purchase one, or more, at the DeWitt City Fire Barn - Ox Roast Day. Also, Ox-Roast Day we will be raffling an RCA 13" Color TV - 2nd prize "Boom Box". All proceeds go towards the Fire Department's Building Fund.

Thank you for your support.

The DeWitt City Fireman
and Ladies Auxiliary

.....

**DEWITT OX ROAST
50/60'S DANCE
8 P.M. Til 12 A.M.
MUST BE 21 YEARS
BEER & WINE COOLERS
FOR ADVANCE TICKETS**

CALL

Marjean 669-3346

Or

Marla 669-5732

.....

**THE OX ROAST
NEEDS YOU!!**

...funding funds currently set aside and money form the sale of the existing station. There will be no need for additional new taxes to finance the new station.

PROJECTED COMPLETION DATE

Construction completed and moved into new station by November of 1988.

WHY A NEW STATION?

Current station house lacks adequate space for equipment storage.

Current station house lacks adequate space for continuing training and educational needs of the volunteers.

Current station house location poses a continuing traffic and parking hazard to the downtown area.

Current station house location could be freed up and sold to create a new downtown business and place it on the tax rolls.

CURRENT FIRE DEPARTMENT OPERATION FACTS

All volunteer fire department composed of 24 local men on call 24 hours per day; providing fire and rescue services for the city of DeWitt and parts of 4 neighboring townships.

Approximately 80 square miles of fire and rescue area covered; (includes parts of the following townships: Riley, DeWitt, Watertown, Olive and the City of DeWitt.)

These volunteers provide educational services to the community and are supported by a volunteer auxiliary, made up of the wives of firemen.

FIRESTATION RESEARCH COMMITTEE

- *Tom Kirchen, 669-5870
- *Brent Newman, 669-9369
- Louie Nabbefeld
- Ron Mull
- Jake Markey

*Phone these people for additional information and your comments.

*We need larger fire department facilities. Part of the monies that are needed to construct a new fire station will come from the sale of the current fire station building. According to our city charter, the people must decide the sale of city owned property and buildings. We are asking you (the people) to support this issue when it comes to a vote at the primary election in the city of DeWitt, August 2, 1988.



.....

TEEN STREET DANCE

OX ROAST NIGHT
9 P.M. to 11 P.M.

IN FRONT OF FIRE BARN

MUSIC BY DISC JOCKEY
STEVE SWANSON

THE OX ROAST NEEDS YOU!

Volunteers are needed for the Food tent 1 or 2 hour shifts. Please call Ray DeWitt 669-9492 or Karen Swaggert 669-3601.

4 People are needed to drive golf carts from downtown to Riverside Park. The carts are used to transport the elderly and handicapped. Your help for this worthwhile service is very much needed. Call Rodger Brown at 669-3661.

.....

DEWITT OX ROAST AUGUST 20, 1988

This Years Theme:

**"A SALUTE TO
DEWITT BUSINESS
OWNERS"**



PARADE ENTRY BLANK

DATE _____

NAME OF ENTRANT _____

ADDRESS _____

PHONE _____

TYPE OF ENTRY _____

Return to Lee Hodges
109 Wilson
P.O. Box 388
DeWitt, MI. 48820

Prior to August 13, 1988
For Information Call 669-9602



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Thank you for your support.

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The DeWitt City Fireman
and Ladies Auxiliary

CARE CENTER TO HOST COMMUNITY DINNER

A community dinner marking the opening of the public phase of Clinton Area Care Center Building Fund campaign will be held on Thursday night, August 18, announced Robert R. Sirrine, Campaign Chairman.

The dinner is scheduled for the St. Johns High School Cafeteria at 7:30 p.m.

Sirrine said that invitations to the event are being prepared at this time and that the care center will host a cross-section of guests from the St. Johns area.

Because of the high interest and limited seating facilities, Sirrine noted that a second such dinner will be announced later for the western and southern parts of the county.

SPECIAL SERVICES WITH REVEREND BOB BUSE

On Sunday, August 14th, Northside Christian Church of DeWitt welcomes Rev. Bob Buse, World Outreach Director for Faith Christian Fellowship, International of Tulsa, OK (a ministry founded by Buddy/Pat Harrison, that has over 300 churches and hundreds of missionaries worldwide).

Rev. Buse travels extensively overseas, and has spoken at conventions and crusades throughout the nation.

Service times are 10:00 am and 6:00 pm (children's church/nursery provided in am, nursery provided in pm), meeting at 115 N. Bridge Street (downtown) in DeWitt.

For more information, call 321-6911.

FAMILY FOCUS

**By Dawn Harris
Home Economist**

During these hot summer days the need for cool, refreshing snacks increases. Fruit juice is a natural thirst quencher, but what about frozen fruit bars? Are these bars good replacements for fruit and fruit juices, or are they close cousins of the frozen, syrupy soft drink confections popular with children?

Fruit bars are made from fruit, but how much fruit and how much of the original nutrients of fruit are in the finished product can vary greatly. Some fruit bars are made with as much as 100 percent natural fruit juice, while others contain as little as 10% natural fruit juice.

To select fruit bars with the highest concentration of fruit juice, you must read the label. Most bars are low in fat (except fruit bars with cream), and some contain appreciable amounts of vitamin C.

For example, a 4 ounce serving of strawberries contains 34 calories and 64 milligrams of vitamin C, while a 4 ounce serving of a frozen fruit bar can have as few as 68 or as many as 160 calories. Frozen fruit bars contain between 0 and 20 milligrams of vitamin C per 4 ounce serving.

Serving fruit bars that are low in fat and added sugar and high in Vitamin A and C, unless you read labels and are very selective about the fruit bars you choose, you may end up with little more than a frozen soft drink.

As an alternative to purchasing fruit bars, experiment with freezing your own juices. A 12 ounce can of frozen concentrated juice reconstituted with one or two cans of water (instead of the three cans normally used)

makes a thick juice that can be frozen in an ice cube tray or paper cups with sticks designed for frozen confections. Using a more concentrated juice makes the homemade treats more flavorful—we do not sense sweetness at very cold temperatures as we do at refrigerator temperatures.

CLINTON COUNTY ARTS COUNCIL RECEIVES \$500 DONATION FROM GOFF'S, THE FOOD STORE

Goff's, The Food Store, has recently donated \$500 to Clinton County Arts Council to support their community projects. A portion of the funds, \$200, were awarded as cash prizes in the Arts Council Annual Floral Art Competition, on Sunday, August 7th. The remaining funds will be used to underwrite Arts Council activities in conjunction with St. Johns Mint Festival, including free stage entertainment in the tent provided by Mint Festival Committee, an Outdoor Art Exhibit of work by CCAC members, and a Tot Lot area where young children may participate in hands-on projects.

"This is the second year Goff's have supported our programs and we are truly grateful for their donation", said Arts Council Executive Director, Kaye Pilmore. "They have been leaders in business support of Arts Council projects and goals, and we look forward to working with them in the future".

August 15, 1988



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TEEN STREET DANCE

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9 P.M. to 11 P.M.**

IN FRONT OF FIRE BARN

**MUSIC BY DISC JOCKEY
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Handicap and senior citizen parking on

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SPREAD A LITTLE SUNSHINE DONATE BLOOD

**Sponsored By: DeWitt City Fire
& Rescue and Ladies Auxiliary**

**DeWitt Memorial Building
Monday, August 29,
1:00 pm — 6:45 pm**

For more information call
Dennel Ballard, 669-9257

Your donation may save a life!



to transport the elderly and handicapped. Your help for this worthwhile service is very much needed. Call Rodger Brown at 669-3661.

Handicap and senior citizen parking on Bridge St. in front of Post Office and also behind Terranova's Grocery Store on Ox Roast Day.

Need (1) one more golf cart for Ox Roast and drivers are also needed.

Thank you for your support.

The DeWitt City Fireman
and Ladies Auxiliary

COOPERATIVE PRESCHOOLS

Belonging to a cooperative preschool is a family experience. Cooperative schools have long demonstrated the feasibility of including the family in the school experience. Mounting research confirms that inclusion of the parent in the educational process, whether in home tutoring programs or the school itself, results in longer lasting educational gains for the child. Cooperatives usually have more mothers and fathers participating than private schools, although they are private in the sense that they too do not usually have public funds for support. They offer the special enrichment provided by a high adult-child ratio, and the children who attend them also profit from the abundance of ideas furnished by so many different adults. There have been cooperative nursery schools in the United States for many years, and the movement is flourishing anew on many college campuses where young families are banding together to provide care for their children by this relatively inexpensive method. The Spartan Nursery School on our own Michigan State University Campus has been a cooperative since 1947. Many other co-operatives began as a result of co-sponsorship by YWCA's.

The DeWitt Cooperative was organized in January 1972 and was co-sponsored by the Lansing YWCA. The parents built cabinets, made puppets and raised money to buy various pieces of equipment by the end of the first year. The preschool met in rented quarters, the educational rooms of the Hope Lutheran Church, located east of DeWitt. This was to be the preschool's home for 10½ years. Seventeen children were in the first graduating class. The preschool continued to grow, became in-

dependent, and incorporated on March 7, 1976. The preschool eventually moved to its present location in North Lansing and has increased its enrollment to a present morning junior class and a morning and afternoon senior class.

A "cooperative preschool" flourishes because of family involvement. There is no more valuable way to widen everyone's horizons than by strengthening the link between home and school.

Facts furnished by "The Whole Child", fourth edition, and historical information on the DeWitt Cooperative Preschool.

HOW SAFETY BELTS WORK

There are six ways the safety belt can reduce the chance of injury during a crash:

1. Safety belts provide what is known as the "ride down" effect. With a seat belt on, as the car's momentum decreases in a crash, the safety belt helps decrease the person's momentum and reduces the force of the impact. Without the safety belt, the car stops but the person continues moving forward, receiving the full force of the impact.
2. Safety belts help the driver maintain control of the vehicle by keeping him or her behind the wheel.
3. Safety belts distribute the force of impact across the strongest parts of the body.
4. Safety belts prevent the wearer from hitting the steering wheel, vehicle windows, dashboard, or other fixed objects.
5. Safety belts prevent the occupants of the car from colliding with one another upon impact.
6. Safety belts keep the wearer from being thrown from the car upon impact.



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For more information call
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Your donation may save a life!



Pictured Left to Right: Carol Gubert, D.B.A. President; Rodger Brown, D.M.A. President; John Spoelma, D.B.A. member & D.M.A. board member.

DEWITT BUSINESS ASSOCIATION Donates \$500 to DeWitt Memorial Association

The DeWitt Memorial Association received \$500 from the DeWitt Business Association last Wednesday afternoon at the D.B.A.'s bi-monthly luncheon. The proceeds were raised from the Kelly Miller circus which was sponsored by the D.B.A. The donation will be used by the Memorial Board for the purchase of new tables.

The D.B.A. wishes to thank all of the

CLINTON AREA CARE CENTER BUILDING FUND SECOND COMMUNITY DINNER

A second Community Dinner marking the opening of the public phase of the Clinton Area Care Center Building Fund Campaign was announced this week by Robert R. Sirrine, Campaign Chairman.

The dinner, scheduled for the Most Holy Trinity Activities Center, will be on Thursday,

VACATION BIBLE SCHOOL



FAMILY STYLE



**Redeemer United Methodist Church
13980 Shavey Road, DeWitt
669-3430**

Rev. Rodney J. Kalajainen

Theme: "Claiming God's Promise"

Tuesday, August 23, 7:00-8:30 pm

"Trio for Christ" - Music and Drama
Adults - Pat; Children - Karen and Patsy

Wednesday, August 24, 7:00-8:30pm

"The Master's Messengers" -
Clowns, Music, Magic and Puppets
A Family Evening

ALL AGES WILL ENJOY BOTH PROGRAMS

NURSERY for infants through preschoolers
whose parents are in attendance - 50¢ per evening.

CAN YOU THRIVE ON FAST FOODS?

During the summer, "eating out" increases because no one likes to stand over a hot stove. And many times the restaurant of choice is a "fast food" restaurant.

Fast foods have become part of the American way of life. In 1980, fast food restaurants in the United States made up 45% of the total number of eating places. The term "fast foods" refers more accurately to the style of service than to the food itself.

Fast food restaurants usually offer a limited

from the Kelly Miller circus which was sponsored by the D.B.A. The donation will be used by the Memorial Board for the purchase of new tables.

The D.B.A. wishes to thank all of the businesses and families who made the circus a success!

SENIOR CITIZENS OFFICE & COMMUNITY SERVICES TO GIVE FREE CHEESE AGAIN

Capital Area Community Services, Inc., and its Clinton County Community Services Office and Senior Citizens Office announce that, between 9:00 am and 4:00 pm on Tuesday, September 20th, and Wednesday, September 21st, they will be having another Commodity Food Distribution.

Unless other arrangements have been made, everyone, including Senior Citizens, must pick up their commodities at the UAW Hall at 111 West Walker Street in St. Johns.

Many of our clients have their new BLUE Commodity Cards. If you have not applied for a BLUE Commodity Card, you will not be able to receive commodities during the September distribution. You presently have until Monday, September 19, 1988, to apply for a BLUE card.

For more information, call Community Services at 224-6702 or the Senior Citizens Office at 224-7998.



If you do a kindly deed
If you plant a friendship seed
If you share a laugh or song
Make amends or right a wrong...
That strange, new feeling you possess
Is what is known as happiness!

Care Center Building Fund campaign was announced this week by Robert R. Sirrine, Campaign Chairman.

The dinner, scheduled for the Most Holy Trinity Activities Center, will be on Thursday, August 25, at 7:30 pm.

"We are grateful to Fowler and the western part of our county for the opportunity to host this informational meeting in a supportive and active part of our county," Sirrine noted.

Invitations to the Community Dinner are being prepared at this time, Sirrine noted, and will be mailed to a cross-section of guests in the western and southern parts of the county, where campaign organization is underway.

"Limited seating facilities and the mutual need among us all have prompted the second dinner," Sirrine explained. "And these are 'Community' dinners, planned so that people in our county can come together comfortably without pressure to hear how we can all work together to get the expanded care center facilities we need."

Response to the Fowler dinner is expected to be high, Sirrine noted, and he added that no solicitation will be made at the dinner. The dinner event kicks off the community phase of the campaign, which has been under organization for several weeks.

The Clinton Area Care Center Building Fund seeks community support in meeting a \$750,000 goal to help fund a 65-bed expansion at Hazel I. Findlay Country Manor. The expansion has been approved by the Michigan Department of Public Health. The expansion project was initiated when documented need evidenced a need for additional residential facilities for elderly in Clinton County.

Throughout the campaign, the community will be invited to share the expansion costs through pledges of three to five years from families, individuals, businesses, and organizations. Gifts of appreciated securities and property may make up the pledge gift. Clinton Area Care Center is a non-profit organization, and gifts are tax deductible within the limitations of the law.

Sirrine noted that further details will be released in the following weeks.

of the total number of eating places. The term "fast foods" refers more accurately to the style of service than to the food itself.

Fast food restaurants usually offer a limited menu, though many now include more sandwich choices and other entrees, including breakfast items and salad bars.

Many food purists criticize the nutritive quality of fast foods, while others refer to them as "junk foods." There really are no junk foods --- they are just less nutrient-dense than other foods. That is, they contain less nutrients for their calories than other foods.

The effect of fast foods on an individual's overall diet depends on how often he/she eats fast foods, the nutritive value of the foods available, the specific food choices made, and the other foods in the diet.

Most fast food meals provide calories, protein, carbohydrates, fat and various vitamins and minerals. Although fast food meals are often a good source of protein, they tend to be low in fiber and Vitamin A and high in sodium and fat.

The typical fast food meal includes an entree, fries or other item, and a high-calorie beverage such as a shake. It is high in calories, ranging from 900 to 1,300 calories per meal. Such a meal could easily make up half or more of a person's daily calorie needs. The calorie content of items on a fast food menu varies considerably, depending on the size of the portion and the cooking method (fried, baked or broiled).

To avoid too much fat, saturated fat and cholesterol when eating out:

- Choose plain hamburgers, broiled rather than fried, if possible.
- Ask for a dry bun without the spread.
- Avoid greasy fried foods such as fried chicken and fried fish, onion rings and French fries.
- Ask for your hamburger without bacon.
- When possible, order tacos with plain unfried flour tortillas.
- Ask what makes a menu item "light."
- Skip dessert items or choose plain ice cream instead of pies or sundaes.